



# International Christian Medical Institute (Canada)

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## C.C.M.I. HAS CHANGED ITS NAME TO I.C.M.I.(C.) INTERNATIONAL CHRISTIAN MEDICAL INSTITUTE (CANADA)

### A WORD OF EXPLANATION

In 1987 Dr. Carl Garry and Loraine Spencer-Garry began a programme in East Africa to help church-related hospitals in administrative and human resources management - a need which had become clearly evident. Working with E.M.A.S. this developed into a set one year diploma programme partnering with the Uganda Protestant Medical Bureau. To this was added an annual Continuing Medical Education seminar open to all Ugandan doctors. The Health Administration project is now being taught by our locally trained Ugandan teachers themselves, under our supervision. It is Ugandanised.

Now a wider range of helping services in the Health disciplines seems needed because of widespread need - services that could be valid for countries other than Uganda if necessity arose, and where the participants in each country could, if they wished, form a named branch of the I.C.M.I.

Thus was born the vision to create this new organisation as a charitable society in its own right, with a wide membership amongst interested persons in all health related areas of service. We want you to COME ON BOARD.



*Drs Carl Garry and Cherer Penny and  
graduand at ceremony in the SheratonHotel*

### IMAGINE THIS.....

You are walking in the park. You see an elderly person being assaulted and robbed. Passers-by seem unconcerned. What would you do? Would you rush in to help, or turn away?

We read of these situations every now and then, and every now and then we are told of some heroic person who is prepared to dare to risk comfort, safety, and security to

bring hope and help to someone else in trouble. Helping, not turning away.

Our troubled world is filled with people and places crying out for help. Our focus came to rest on the country of Uganda. Scarcely a decade out of the holocaust of tyrant rulers, then plunged into the epidemic of HIV/AIDS and rampant Tuberculosis. Yet they have maintained a positive outlook, a hard working lifestyle, and a song in their hearts.

What can we do, and how can we do it?

This is the modern version of the Good Samaritan parable, and it was Jesus who said "Go thou and do likewise".

*"A HAPPY  
PERSON IS NOT A  
PERSON IN A  
CERTAIN SET OF  
CIRCUMSTANCES  
BUT RATHER A  
PERSON WITH A  
CERTAIN SET OF  
ATTITUDES"*

*Hugh Downs*



## CONTINUING MEDICAL EDUCATION PROGRAMME

We had two and a half days of a Medical Education seminar held at the Colline Hotel in Mukono, a half-hour's drive out of Kampala on the eastern side of Kampala on the road to Jinja where one finds the Source of the Nile.

There were no less than 10 Canadian physicians participating, and also 10 Ugandan physicians, who either gave a talk or took part in the panel discussions that followed.

The main subject under discussion was Diabetes - a disease which is increasing at an alarming rate in developing countries, presumably due to lifestyle and dietary changes that accompany the so-called "progress of civilisation": However, other topics were also discussed, including topics in cardiology, maternal and infant mortality and morbidity, oesophageal cancer and malignant lymphoma, and tuberculosis.

There were 85 Ugandan doctors

to complete an evaluation form and to suggest topics for the following year's CME.

We hope to recruit some more Canadian doctors and other health professionals for next year, and to select suitable topics for the CME. If you are willing to participate in next year's event, please let us know. It is our vision to offer our Ugandan brothers and sisters a variety of programmes to upgrade their skills and to support and encourage them in the arduous and challenging and often professionally lonely work which they are doing. The interest and support of our Canadian colleagues is vital to the continuance of this task.

### OTHER PROJECTS DONE DURING THE 1997 CCMV VISIT

*1. Formal graduation Ceremony for the 1997 Health Administration Diploma graduates.*

*2. Ward Rounds and Clinical Teaching at Mulago Hospital and Mengo Hospital.*

*3. Supply of pharmaceuticals and support of the pharmacy services at Mengo Hospital*

*4. Development of Reverse Osmosis Unit for the production of sterile intravenous fluids for use in Mengo Hospital.*

*5. Spiritual support to women AIDS victims and orphans.*

*6. Assessment of needs for improved water supply for Ngoro Hospital, with project proposal developed for appropriate funding.*

*7. Ophthalmic district clinics visits, training local doctors in appropriate cataract surgery techniques.*

*8. Assessment of needs, and ways and means to improve Maternal and Perinatal mortality and morbidity in rural hospitals. This study done in partnership with the S.O.G.C.*

*9. Project proposal for Maize and Sunflower seed production at Kumi Leprosy Centre Farm.*

*10. Investigating the possibility of a Rota of Internists to be appointed to Mengo Hospital.*

## Uganda Profile

Uganda is part of East Africa. It is landlocked, but incorporates part of Lake Victoria, one of the world's largest fresh water lakes. It is a fertile land; and the economy is largely agriculture-based. It has rolling green hills, dry Rift Valley plains, soaring mountains, and the source of the Nile. Even though the Equator bisects the

country, the climate is moderated by the 3,500 ft. altitude of the Central African plateau. The country has been at peace now for the past decade or more under the able leadership of President Yoweri Museveni, and is stable and has a growing economy. There is a spirit of hope and optimism in Uganda - we are confident that our programmes have a bright future.

### STATISTICS:

Population	18 million
Per Capita GDP	\$300
Infant Mortality	106 deaths/ 1000 live births
Life Expectancy	42 yrs male 45 yrs female
Literacy	48.3%
Capital City	Kampala

### FRIENDS OF UGANDA CALLING

#### I WISH TO SUPPORT THE INSTITUTE'S WORK IN UGANDA

With a gift of.....  
 With a pledge of.....p.m.  
 With a membership..\$75 p.a. (regular)  
 \$25 p.a. (student)

NAME & ADDRESS :.....

### FOR MORE INFORMATION:

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registered for this CME, a number which represents about 15% of all practicing doctors in Uganda. They came from various hospitals and clinics from around the country, mostly rural, some urban. The registration fee was \$10 U.S. - a fee that was put in place on the advice of our Uganda Advisory Committee as a sign that the participants appreciated the programme as a valid learning experience. Meals and accommodation were provided at no extra cost to the participants. These costs are part of the Canadian team's subsidy to our Ugandan colleagues.

Each days session opened with singing and prayer and a devotional. The lecture presentations were assisted by overhead charts and slide illustrations. At the conclusion of the seminar the participants were asked